



RSHE Meeting

Tuesday 6th October 2026

Sharing the taught curriculum – TenTen





RSHE - Parents and carers

At St Edward's we are committed to delivering an RSE curriculum that reflects the teaching of the Catholic Church and the Department for Education requirements. However, we recognise that parents and carers are the primary educators of children. Your role in the education of your children at home in regards to RSE is crucial.





Why has the RSHE scheme changed?

The guidance for the teaching of RSHE and PSHE changed in 2026 and is now compulsory for all schools. Our previous scheme 'A journey in Love' is not compatible with the new guidance. The diocese has directed schools to the 'TenTen: Life to the Full' scheme. This scheme is already used across the majority of diocesan schools.

A Journey in LOVE

*A developmental programme
for children in the primary years*



Sr Jude Groden RSM and contributors

With a foreword by Jack Dominian



Why 'Life to the Full'?

The mission of the TenTen scheme is to nurture spiritual growth, personal development and social responsibility by sharing inspiring, creative content through a Catholic lens.

With story and drama at the heart of what they do, they seek to engage, inform, support and equip all who use our resources – from children and young people to teachers and parents. The scheme invites everyone to discover the fullness of life that God offers us in the person of Jesus Christ.

It is an approved diocesan resource that meets both the curriculum requirements from the government and is sensitive to the teachings of the Catholic church.





How is the scheme adapted?

The RSHE curriculum is the responsibility of the school, parents and board of governors. It is an agreed curriculum that needs to fit the context of St Edward's and the area we live in. Due to this some of content has been adapted and we will be seeking a consultation with parents and governors before this is taught.

Content is also adapted to the individual needs of learners. There is guidance for supporting children with special educational needs alongside additional resources aimed at allowing all pupils to access the knowledge being taught.





Supporting parents and carers

Parents can access the content being taught via the online parent platform. This allows you to engage with the teaching and deepen the experience for your child. The log in for the parent portal is as follows:

Username: parents-st-edwards

Password: StEdwards2026

The link for the parent portal can be found on the RSE section of our website. It gives you access to what is being taught for all year groups.

Online Parent Portal



Life To The Full Plus
Catholic Primary Schools



Prayer and Liturgy
Catholic Primary Schools



Years 1 and 2



Module 1: Created and Loved by God

KS1 Module One: Created and Loved by God explores the individual. Rooted in the teaching that we are created by God out of love and for love, it helps children to develop an understanding of the importance of valuing themselves as the basis for personal relationships.



Unit 1



Unit 2



Unit 3



Unit 4



Module 2: Created to Love Others

Created to Love Others explores the individual's relationship with others. Building on the understanding that we have been created out of love and for love, this module explores how we take this calling into our family, friendships and relationships, and teaches strategies for developing healthy relationships and keeping safe both online and in our daily lives.



Unit 1



Unit 2



Unit 3



Unit 4



The structure of the curriculum

'Life to the Full' provides a phased curriculum from EYFS to KS2. It blends both the PSHE and RSHE curriculum. Each year group will learn the curriculum content for their phase, with some content only being taught by specific year groups. This refers mainly to the taught content in Y4 and Y6.

Previously, we have taught the RSE elements of curriculum in the Pentecost (Summer) term. But 'Life to the Full' maps most of this content at the beginning of the year due to its importance.

Children will still continue to learn about online safety, managing money, drug education, respecting each other and all the other aspects of PSHE within this planned curriculum.



Year 1 & Year 2

Term	Module and Unit	Session Title
Autumn II	KS1, Module 1, Unit 1	Story Sessions: Let the Children Come
	KS1, Module 1, Unit 2	Session 1: I Am Unique
		Session 2: Girls and Boys Parent message needed Session 3&4: Clean and Healthy (My Body) + Classroom Shorts
Spring I	KS1 Module 1, Unit 3	Session 1: Feelings, Likes and Dislikes
		Session 2: Feeling Inside Out
		Session 3: Super Susie Gets Angry
Spring II	KS1 Module 1 Unit 4	Session 1: The Cycle of Life
		Session 2: Beginnings and Endings Year 2 only Session 3: Change Is All Around + Classroom Shorts
Spring II	KS1, Module 2, Unit 1	Session 1: God Loves You
	KS1, Module 2, Unit 2	Session 1: Special People + Classroom Shorts
		Session 2: Treat Others Well... Session 3: ...and Say Sorry
Spring II	KS1, Module 2, Unit 3	Session 1: Real Life Online



Right to withdrawal

You have the right as a parent/carer to withdraw your children from parts of the RSE curriculum.

All teaching on relationship education is **compulsory** for all children in primary education. This applies to all the RSE teaching in Foundation Stage and Key Stage 1.

In Key Stage 2 you have the right to withdraw your child from elements of the sex education curriculum, however the elements that are part of the Science curriculum remain compulsory. This learning occurs in the Y6 units.





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Thank You

Any Questions?